

# Men's Resources International

*Educating, Consulting & Organizing for Positive Masculinity*

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[www.mensresourcesinternational.org](http://www.mensresourcesinternational.org)

## **BELIEFS ABOUT MEN**

- 1) Men are naturally loving, caring and sensitive with other men, with women and with children.
- 2) Men are trained to be masculine in a way that leads to confusion, repression, isolation and domination.
- 3) All men have been profoundly impacted by violence and abuse. This may be in our families, on the street, through the media, racism, classism, homophobia, etc.
- 4) Men are both privileged and damaged by masculinity and violence.
- 5) Violence and domination against women, children and other men are used by men to control feelings of fear and powerlessness, and to protect cultural and institutional privileges.
- 6) Men can play an important role in ending violence.
- 7) By connecting with other men about our own experiences with violence and with privilege, men become empowered to join with women to challenge violence and oppression.

*Building a Movement, One Community at a Time*